

## Lamb Tagine

## **Ingredients**

1kg Diced Lamb (Leg or Shoulder)
2 Onions, chopped
400g (1 tin) Tinned Tomatoes
1 packet of Gordon Rhodes Slow and Steamy Tagine Gourmet Sauce Mix
400ml Water
150g Prunes or Apricots

## Method

- 1. Place the Lamb, Onions and Tomatoes in your slow cooker pot.
- 2. Blend the Lamb Tagine Mix with the water and add to the slow cooker pot, stirring thoroughly.
- 3. Cover and cook for 4 hours on HIGH or 8 hours on LOW or until the meat is tender and cooked through (keep covered during cooking, cooking times may vary between slow cooker models).
- 4. Remove the lid, add the prunes or apricots, stir through and stand for 5 minutes before serving
- 5. For extra flavour add a tablespoon of honey and a sprinkling of almonds or fresh coriander before serving.

**Top Tip** – smear a thin layer of oil around your slow cooker pot before adding the ingredient to prevent excess sticking.

